

# Para Kore Mahi Information 2025

Nau mai, haere mai, whakapiripiri mai ki tenei whaanau whai i ngaa tikanga tiaki i a Papatuuaanuku me oona uri. He koanga ngaakau noo maatou i too whakaaro kia haapaingia ngaa mahi nei.

This information is for Para Kore kaimahi, whether you are a volunteer or a *player* of the games, so that we can clarify as much info as we can prior to your arrival. We hope this information is helpful and please give us feedback if you still have some unanswered questions.

## Where is Waikato Tainui's info about the Games?

See this link here for general info about the games: [Waikato Tainui Games 2025](#)

## What's the future looking like for Tainui Games?

Tainui Games is onboard with making the 2027 games, single-use free, only using real plates and cutlery with stallholders.

## How do we give out points for Para Kore at the 2025 Tainui Games?

- A three-hour shift is one point - for the marae of your choice.  
There is no limit on the amount of *players* that a marae can have to join the Para Kore *sport*.  
There is a limit of 4 points that one *player* can receive. So for example, a *player* that works all weekend can only get 4 points for their marae, even though they worked more than 12 hours (4 points is equivalent to 12 hours work).
- To register your point/points, you will need to put your name, the date and your time worked (e.g. 1pm-4pm) under the name of your marae. You can do this at the Para Kore Whare, which is where you will begin and end your shift. (We are not sure if this will be a chart or a sticky note system on the wall.)

## What do I bring with me?

1. If you have a camp chair that would be useful for you to sit on and whakataa (rest) inside the Para Kore whare.
2. Please bring a wide brimmed hat, or we have spunky wide brimmed hi-viz hats you can use.
3. A small backpack is also helpful so that you can carry your phone and a drink bottle with you.
4. Bags and belongings can also be left in our Para Kore whare, but we'd suggest that you keep your valuables on you, and we don't take any responsibility for people's stuff.
5. Covered shoes are required (or steel-capped boots even better) to keep your waewae safe, (no volunteer work can be undertaken in jandals).
6. A reusable water bottle and a reusable cup made from glass or steel ideally as plastic water bottles leach toxins and have more microplastics in the water. However, we will have cups in the whare that you can use.
7. Sunglasses 🕶️
8. It's always good to apply sunscreen at home, but we'll have some at the whare.

9. An umbrella for rain or sun.
10. Wear your old clothes, the ones you don't mind getting dirty. Long-sleeved white or light-coloured shirts (think op shop male shirts) are so good for protecting your shoulders and arms against the sun.
11. An extra pair of clothes, just in case some yucky liquid accidentally gets spilled on you, or if it's raining and you need some dry clothes.
12. Check the weather forecast so that you can bring and wear the appropriate gear.

#### **Other options to bring:**

- An old apron that you want to wear in the processing area to keep clean - but the hi-vis vest will protect you, too.
- Wheelbarrow - really useful for carrying things around. LOL, you don't have to bring a wheelbarrow, but they are oh-so useful, and we'll be bringing a few.

#### **Will I get a t-shirt?**

Yes and no, it depends.

*Players* do not get t-shirts, unless you are intending to work all day, then yes you will. Volunteers who aren't *players* (we often get other iwi and Tangata Tiriti volunteering) will get a t-shirt, but, because we usually run out, we have a first-in, first-served policy. ☹️

#### **Do I need to bring my own lunch?**

If you are working when volunteer kai is dropped off to our Para Kore whare, please help yourself. This is provided by the Tainui Games. Please feel free to bring along any fruit from trees at home or extra snacks you may want.

#### **Where do I park?**

There will be signs; follow the parking signs and park where everyone else parks.

#### **Where do I go?**

- After parking please walk to the Para Kore whare, it's a creamy yellowy coloured building.
- We are on the long straight tarseal road inside Hopuhopu, at the southern end on a corner.
- You will see bins next to the whare, and we will also have a flag outside the whare.
- ***Please refer to the site map at the end of this doc.***

#### **What time on Thursday do you need help?**

We will aim to be there by 11 am on Thursday morning with a trailer full of gears.

We will be unpacking the trailer and truck into the whare, and we will then be setting up all five recycling stations around Hopuhopu.

What gets done on Thursday will dictate what we need to do on Friday.

#### **Who do I report to?**

Jacqui Forbes - 021 043 1127 or Jamie Hiriaki - 021 022 89146

#### **What are the main hazards?**

It is really important that you take on the responsibility to look after yourself and others at the Tainui Games. Please come back to the Para Kore whare to have a break from being outside. Please drink lots of water and continuously apply sunscreen. Please communicate all hazards, accidents, incidents or near-misses to Jacqui Forbes. Anything that can help us manaaki our whānau and ourselves in important information for us to talk about and learn from.

## Hazard Register - To Be Read to Para Kore Volunteers and Players

Hazards	Risk Rating	Controls	Responsible
slips / trips / falls	med - high	first aid, suitable covered footwear	all
cuts from glass or needles	med - high	wear gloves whilst working, hold rubbish bags away from the body	all
vehicle accident	low	communication about how to use vehicles safely	Jacqui Forbes
electrical equipment	low - med	All leads should be tested and tagged at relevant intervals. Put leads away safely when not in use to reduce damage. Report faults to the manager. Repair or replace damaged leads	Jacqui Forbes
sunburn, heat exhaustion, sunstroke	dependent on weather - usually high	wear hi-vis wide band hats, roster shifts, provide water and breaks, apply sunscreen, wear old white shirts that protect skin from sun, water bottle, sunglasses, avoid long periods in the sun	Jacqui Forbes
cold and wet	dependent on weather	Check the weather forecast and bring appropriate and spare clothing	all
Heavy bins	med-high	Two people pick up wheelie bins and fadges that are full	all

### What about COVID-19 or feeling sick?

Event organisers are asking anyone who feels unwell to please stay home. If you begin to feel unwell during the day, please go home.

### Do you still need more volunteers and helpers?

Yes, we do, so please let anyone you know who might be interested to register directly through this form:

<https://forms.gle/hMLxV1oMfYnXC6tc8>

The busiest times are 4pm - 7pm on Saturday and Sunday, so, the more people we can get at that time, the better. This is the time when most people want and/or need to go home :). Having lots of helpers at this time really helps, so if you are able to help out, it would be much appreciated.

### Could I bring along extra people on the day?

Yes, you can bring your sister, other whaanau, and/or friends to help out on the day!

Many hands make light work, maa pango, maa whero e oti ai te mahi.

**Can I bring my children?**

Yes, tamariki can be with their parents or caregiver. The parent or caregiver will have full responsibility for their child/ren.

**Can I work in a specific area?**

For mahi to flow smoothly, it's way better if you can be flexible, but if you really want to work in a specific area, we can make that happen.

**Can I drive the truck or the golf cart all day?**

No, this is the most loved mahi and we need to share this role as it's the absolute favourite!

**Who is allowed to drive the truck or the golf cart?**

Only people with a driver's license can drive these vehicles.

**What is the purpose of the truck?**

The truck is about dropping bins off at Para Kore stations and hauling materials, cardboard, plastics, rubbish, and food scraps back to unload at the Para Kore whare. This is the truck's primary purpose, and it should always be doing work. It is not for going to see someone, not giving someone a ride somewhere and not for going to pick someone up.

**Is it okay if I only come for a specific time?**

Yes, if you have specific times, you can come, come at those times. We appreciate your time. But please let us know when that is so that we can expect you.

**Do I have to have an induction?**

Yes, all those taking part with Para Kore must have an induction before you start.

This will be delivered by Jacqui Forbes at the beginning of each shift.

It will cover,

- Health and Safety
- And what the work is.

**When are the induction times?**

Inductions will be delivered at the beginning of each shift.

**What are the materials that Para Kore is collecting?**

We will be collecting at the Tainui Games,

- Food scraps (there's usually heaps)
- Cardboard (we collect approximately 3 cubic metres squashed)
- Plastic bottles 1, 2, 5 (we are hoping to have not more than 3 cubic metres)
- Tin cans (think tuna tins etc) we don't get many of these
- Aluminium cans (fizzy drinks) we usually have about one fadge full
- Clean paper (usually from stage or organisers, usually 60 L in total - one recycling crate)
- Glass (not much of this usually 60 L in total - one recycling crate)
- Waste to landfill (9 cubic metres (m3) or less squashed is the goal)

## A New Approach for 2025 Games

This year we are doing things differently. We are a bit scared about this, but feeling excited too. This year we'll have five big Para Kore stations, like mini recycling centres, where everyone can bring their Para. Each station will be under a gazebo too, and there'll be volunteers helping people to put things in the right place, whether it be cardboard; food; plastics; glass; cans or rubbish.

We are using fadge holders at the stations, and we are going to swap out bins and fadges rather than using liners and lots of tape. Here's where we are proposing to put the stations - see the pink post it notes.

The great thing about this change is:

- we get to interact and educate with whanau - more conversations
- more safety from the sun for our kaimahi
- whanau have to take more responsibility for their para - they have to take it to one of the centres
- long-term, this is more sustainable and is setting up well for no single-use in 2027, these centres will become a drop-off for reusable plates and a washing station potentially.



So in previous years, all the sorting was done in the carpark at the Para Kore whare. This year all the sorting will happen at the five Para Kore stations. The materials being collected by the trucks and golf carts will already be sorted. At the Para Kore whare we will just be putting the materials in the correct bins and squashing materials down.

**Para Kore volunteers and players will be rostered and required for three main jobs:**

1. Manning the five Para Kore Stations
2. Processing at Para Kore whare and Inductions
3. Truck/golf cart duties, dropping off bins and picking up materials from the five stations
4. Litter sweeping
5. Roaming to educate and check, on marae gazebos and event organiser spaces
6. End of day and post-event clean up

<p>1. Manning the five Para Kore Stations</p>	<p>This job involves staying put. Your job will be to stay at the Para Kore station and help whaanau put their materials into the correct bins. We need people here who aren't shy to interact and koorero to whaanau. We are hoping that each station has at least three people womanning/manning it. Each station will have a gazebo.</p> <p>Each of these five stations will be set up like this:</p> <ul style="list-style-type: none"> <li>- Fadge for the cardboard (please remove sellotape and flatten): <i>the truck will pick up full fadges and drop off more as required</i></li> <li>- Fadge for the plastics (1,2,5), please remove the lids and empty any contents into buckets. <i>The truck will pick up full fadges and drop off more as required</i></li> <li>- Wheelie bin for aluminium cans (in a clear liner because we are hoping someone will take these home with them) <i>The truck will pick up full liners.</i></li> <li>- Bin/bucket for food scraps: <i>The truck will pick up the food scraps and drop off more.</i></li> <li>- Crate for clean paper (should last the entire weekend)</li> <li>- Crate for glass (should last entire weekend)</li> <li>- Wheelie bins for waste with no liners: <i>The truck will pick up full wheelie bins and drop off empty ones.</i></li> <li>- Crate of water for rinsing really paru tuna cans or other plastic containers</li> <li>- Buckets or crates for tipping the leftover drinks into</li> </ul> <p><b>Jobs you will need to do are:</b></p> <ol style="list-style-type: none"> <li>1. Talk to whaanau as they approach, providing them with guidance about what goes where so that the materials go into the correct bin.</li> <li>2. When the fadges are full, fasten the fadges closed with steel, sharp clips ready for pick up by the truck.</li> <li>3. When the wheelie bins of waste are full, put them in a place that's easy for the truck to pick up.</li> <li>4. Make sure everything is in the correct bin.</li> <li>5. If there are any real plates, cups, and cutlery coming in, please stack these and have them ready for transportation to our whare for washing.</li> <li>6. It's the visual clues that people follow, not the signs!</li> </ol> <p>The off-road truck/s will come around periodically to pick up fadges of cardboard and plastics, wheelie bins of waste, and bins of food waste. They will also drop off fadges and wheelie bins.</p>
---	--

<p>2. Processing at Para Kore whare and Inductions</p>	<p>This job involves working next to the Para Kore whare. This is where we put everything into all the big bins.</p> <p>There will be skip bins for</p> <ul style="list-style-type: none"> <li>- cardboard x 1 (3m3)</li> <li>- plastics &amp; tin cans x 1 (3m3),</li> <li>- waste to landfill x 1 (9m3)</li> <li>- An extra just in case skip bin (4.5m3)</li> </ul> <p>Glass will be kept in a crate as will clean paper. All compostable materials will be put in the landfill bin.</p> <p><b>The job in this area involves:</b></p> <ol style="list-style-type: none"> <li>1. Unloading materials from the golf cart, from the truck and from the wheelbarrows, so that they can go back out as quickly as possible.</li> <li>2. Helping load the trucks with empty wheelie bins for waste and empty fadges and empty food waste bins etc.</li> <li>3. Involves putting all the different materials into the correct skip bins</li> <li>4. For helpers that become experienced, you may be able to help us with inducting new helpers.</li> </ol> <p><b>The Para Kore base is very busy from 4pm onwards on Saturday and Sunday, at the time when most people want and/or need to go home :). Having lots of helpers at this time really helps, so if you are able to help out at this time, it would be much appreciated.</b></p>
<p>3. Truck/golf cart duties</p>	<p>This job involves pick ups from: the five Para Kore stations. Involves collecting fadges of plastics or cardboard and wheelie bins of waste, and food waste bins. Those manning the Para Kore stations will prepare bags and recycling ready for collection for the off-road truck.</p>
<p>4. Litter Sweeping</p>	<p>Our aim is to keep the whole site litter-free.</p> <p>What this means is that we all have to pick up litter constantly. The cleaner the grounds are, the less people will drop rubbish. Picking up litter reduces our work, and people become more respectful and thoughtful when they see us picking up litter and when they experience a litter-free event.</p> <p>Final litter sweeps will happen on Monday, and hopefully won't take long. Ideally these litter sweeps won't be needed due to all litter being picked up all day, both days. The cleaner the ground the less littering that will take place. Keep it free from litter to prevent people from littering.</p> <p>This job is something that we will all do, all the time when we are working.</p>
<p>7. Roaming to educate and check, on stallholders marae gazebos and event</p>	<p>This roaming may happen on foot, by golf cart, or with a wheelbarrow.</p> <p><b>1. Stallholders</b> Firstly, stallholders will need to be set up with enough bins to separate everything out. This job involves walking around the stallholders and checking their bins. Most of them default to just using black rubbish bins, so your job will be to ensure that they are separating out their food waste, recyclables and cardboard. Check they have enough bins to separate everything out inside their stall/gazebo/tent and empty their bins for them at the recycling stations if a bin is getting full.</p> <p><b>2. Supporting Marae Tents, Gazebos and whaanau</b> Saturday morning we will need to give out two bins to each marae gazebo. They will receive a food waste bin, and a recycling bin each. Instructions to the marae gazebos</p>

<p>organiser spaces</p>	<p>are to put food only in the food waste bin and recyclables only in the recycling bins. We tell them that when their bins get full take them to the para kore stations and empty them there. This job involves talking with whaanau explaining that we are trying to reduce waste sent to Papatuaanuku and that they can help by putting plastic bottles and cans in this crate and food in this bin. Please try and get them on the kaupapa as much as possible. If appropriate please also talk to them very humbly about picking up litter around their gazebo.</p> <p><b><u>3. Event Organiser Spaces</u></b></p> <p>Unfortunately the event organiser spaces are often the most slack at sorting out their waste. It's the same mahi as with the stallholders and with marae tents; make sure they have enough bins, one for food, one for recycling, and event organisers may need a bin for clean paper too. Empty their bins if they are getting full, tell them off if you need to (jokes), and make sorting and separating waste easy for them. The event organiser spaces that we know of are:</p> <ul style="list-style-type: none"> <li>● Stage people</li> <li>● Information and registration</li> <li>● HQ</li> <li>● Te Whakakitenga o Waikato</li> <li>● LS - Live Stream area</li> </ul> <p>It will be important to have a map so that you can see where you might need to check.</p>
<p><b>Post Event Clean-Up</b></p>	<p>This happens on Monday, and if you are able to help us on Monday, that would be very much appreciated. This is our final pack down and goodbye day!</p>

**What are the shift times?**

These are the shift times, and we have received your availability via your registration form. If any changes arise, please contact us. Para Kore Champions messenger group, or [jamieh@parakore.maori.nz](mailto:jamieh@parakore.maori.nz)) or if any of your whaanau or friends want to register, here's the form [Para Kore Volunteers for Waikato Tainui Games](#)

- Friday 14th Feb for set-up
- Saturday 10am-1pm (15th Feb)
- Saturday 1pm-4pm (15th Feb)
- Saturday 3pm-6pm (15th Feb)
- Sunday 10am-1pm (16th Feb)
- Sunday 1pm-4pm (16th Feb)
- Sunday 3pm-6pm (16th Feb)
- Monday (17th Feb) for pack-down

We really appreciate your help.